

Sports & Uniformed Services



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| Subject Area | Preparing for Learning & Work – Foundation Learning, Sports & Fitness, Uniformed Public Services |
| Course Type | School Leavers |
| Study Level | Entry Level 3 |
| Delivery Mode | Full-time |
| Location | David Hockney Building |
| Duration | 1 Academic Year |
| Start Date | September 2025 |
| Course Code | PA000140 |

Course Summary

This course is designed to help learners understand the skills and knowledge needed to work in both the sports and public services sector. These industries have a focus on positive community participation and fitness, which students will be encouraged to demonstrate through participation in a wide range of sport and active leisure activities.

The course also provides learners with the opportunity to develop generic, transferable and sector-specific skills related to the study of sports or the public services, in order for them to progress to further learning and specialism at level 1 and 2.

Please note that a uniform may be required for this course, [click here to purchase](#).

What You Will Learn

The course is based on a Programme of Study, which consists of:

- The Vocational Qualification itself
- A City & Guilds Employability and Personal Development Award
- English and Maths
- A Tutorial Programme
- Work Experience

Our experienced staff will deliver a variety of practical workshops, classroom sessions and presentations alongside independent student research. You will develop skills such as teamwork and leadership and develop practical skills and improve fitness. Visits and guest speakers are also used to help enrich your learning experience.

Modules

City & Guild Employability Award:

- Safe learning in the Workplace
- Careers Candidate Project
- Interview skills

Sports & Public services topics covered:

- Sports Leadership
- How the body works
- Introduction to the Public Sector
- Planning a Public Event

Entry Requirements

There are no formal entry requirements for this course. You should have keen interest in sports and/or public services and be able to maintain high levels of attendance.

Work Experience

30 hours of relevant experience of work are included in the course. Our students work in partnership with the National Citizens Service (NCS) programme which helps to develop key employment skills and behaviours needed for progression to work.

Progression

Successful completion of the course can help you embark on a career in a Sports and Public Services related area. The subject can be the beginning of the journey to your career in Sports and/or Public Services, such as becoming a Personal Trainer, Teaching and Education, Healthcare and Emergency Services.

Disclaimer: Our prospectus, college documents and website are simply here to offer a guide. We accept no liability for any inaccurate statements and are not responsible for any negative outcomes if you rely on an inaccurate statement. We reserve the right to withdraw any programmes or service at any time.