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## **ESOL Employability Skills**

Subject Area	Languages
Course Type	Adult
Study Level	Entry Level 3
Delivery Mode	Part-time
Location	David Hockney Building
Duration	4 Weeks
Start Date	September 2024
Course Code	PA000341

## **Course Summary**

The course has been designed to develop the language skills of ESOL learners whilst preparing them for employment and / or opportunities within the voluntary sector. Through effective small group sessions, specialised teachers will support learners in identifying their transferrable skills and harness these skills whilst developing their resilience, confidence and independence. Understanding the role of active citizenship as well as exploring ways to keep physically and mentally healthy will also be an integral part of the learning journey. Candidates will develop a clear action plan that outlines both their short term and long term goals. In order to develop their transferrable skills, voluntary work experience will be encouraged.

Examples: Sewing, cooking (Mill side Café), gardening, peer support and mentoring.

For more information, contact the Adult Learning Centre on 01274 088586

## What You Will Learn

## Course Outline:

- Building Resilience and Confidence
- Understanding the Job Market
- Self-Assessment and Goal Setting
- Career Exploration and Building Aspiration
- Developing Communication Skills
- Interview Preparation
- Job Application Strategies
- Developing Digital Skills
- Community Engagement and Active Citizenship
- Health and Wellbeing
- Guest Speakers
- Developing Practical Skills
- Practical session on Public Transport

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