

Adult Dance Technique Workshop



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| Subject Area | Performing Arts |
| Course Type | Adult |
| Study Level | No Qualification |
| Delivery Mode | Part-time |
| Duration | 4 Weeks |
| Start Date | April 2025 |
| Course Code | PA000760 |

Course Summary

Step into the rhythm with our Adult Dance Technique course at the Bradford School of Art! Ideal for dancers of all levels looking to refine their skills, this short course covers a wide range of styles, from contemporary and ballet to jazz and hip-hop. Each session focused on improving techniques, enhancing flexibility, and building strength, all while expressing yourself through movement. Whether you're a seasoned dancer of just starting out, our expert instructor will guide you through each step, ensuring you gain confidence and mastery in your dance abilities. Join us for this short course for a dynamic and uplifting dance experience. Enrol today and move your way forward to dance excellence!

Please note that enrolment for this course is taking place on Tuesday 22nd April between 4pm and 5pm. The course will run on Tuesday 29th April, Tuesday 6th May, Tuesday 13th May and the final date is Tuesday 20th May.

What You Will Learn

This 4 day course covers a wide range of styles, from contemporary and ballet to jazz and hip-hop. Each session focused on improving techniques, enhancing flexibility, and building strength, all while expressing yourself through movement. Whether you're a seasoned dancer of just starting out, our expert instructor will guide you through each step, ensuring you gain confidence and mastery in your dance abilities. Join us for this short course for a dynamic and uplifting dance experience. Enrol today and move your way forward to dance excellence!

Modules

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