



Apprenticeships Bradford College

APPRENTICESHIPS

Adult Care Worker – Level 2

Providing frontline care for vulnerable adults to within their own homes, daycare centres, residential and nursing homes and other healthcare.

Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives.

To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support. They are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person centred care. Job roles are varied and determined by and relevant to the type of the service being provided and the person supported.

Qualification

Level 2 Diploma in Care

Duration

12-18 months + EPA

Entry requirements

GCSE grades 9-4 / A-C or equivalent in maths and English. Individuals without level 1 will need to achieve this prior to taking the end-point assessment. The individual must meet the 15 standards as set out in the Care Certificate.

Skills

- **Care** – is caring consistently and enough about individuals to make a positive difference to their lives
- **Compassion** – is delivering care and support with kindness, consideration, dignity and respect
- **Courage** – is doing the right thing for people and speaking up if the individual they support is at risk
- **Communication** – good communication is central to successful caring relationships and effective team working
- **Competence** – is applying knowledge and skills to provide high quality care and support
- **Commitment** – to improving the experience of people who need care and support ensuring it is person centred

An Adult Care Worker must know and understand:

- A. The job they have to do, their main tasks and responsibilities
- B. The importance of having the right values and behaviours
- C. The importance of communication
- D. How to support individuals to remain safe from harm (Safeguarding)
- E. How to promote health and wellbeing for the individuals they support and work colleagues
- F. How to work professionally, including their own professional development

An Adult Care Worker must be able to:

- A: The main tasks and responsibilities according to their job role
- B. Treating people with respect and dignity and honouring their human rights
- C. Communicating clearly and responsibly
- D. Supporting individuals to remain safe from harm (Safeguarding)
- E. Championing health and wellbeing for the individuals they support and for work colleagues
- F. Working professionally and seeking to develop their own professional development

Contact Bradford College on: 01274 728316
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